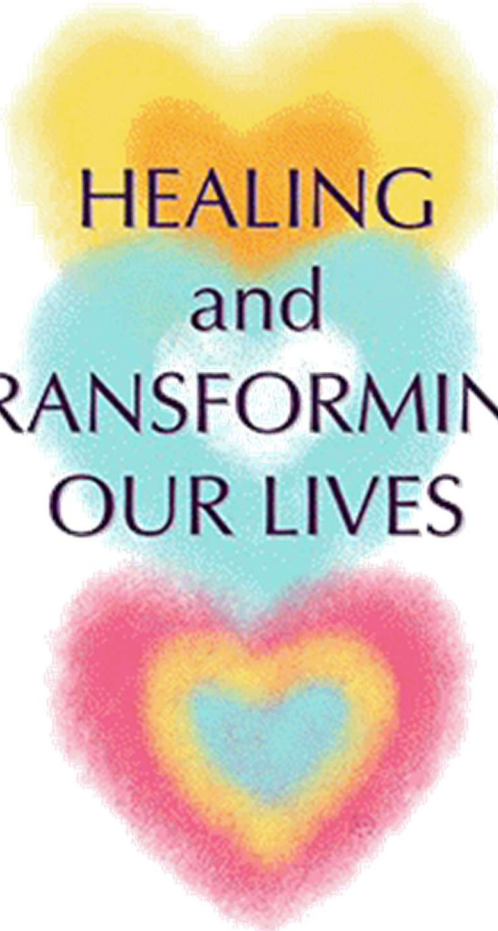


# CEA-HOW



HEALING  
and  
TRANSFORMING  
OUR LIVES

2020  
EAST RETREAT

## CEA~HOW 2020 East Retreat!

October 23<sup>rd</sup> – 25<sup>th</sup>

[www.cea-howeastretreat.org](http://www.cea-howeastretreat.org)

Charles Town, West Virginia  
(35 miles from DC)

Registration is now open!  
Spaces are limited and there is an  
early bird special until April 11th!  
Please lend a hand for service  
positions. Join us for the next  
planning meeting. Check the  
website for details.

For information, call or text

Debbie V. (518) 248-7220